

ESSENTIAL TERMINOLOGY REQUIRED FOR BLACK BELT

Keywords

Seogi - Stance	Chagi - Kick	Arae – Low
Chireugi – Punch	Momtung – Middle	Dwi – Back
Makki - Block	Oolgool - High	Ap - Front

Terminology up to il Jang

Stances	Strikes	Blocks	Kicks
Ap Seogi – Short Stance	Momtung Bandae Chireugi – Middle Punch	Arae Makki – Low Block	Ap Chagi – Front Kick
Ap Kubi Seogi – Long Stance	Momtung Baro Chireugi – Reverse Middle Punch	Momtung An Makki – Reverse Inward Block	
		Oolgool Makki – High Block	

New Terminology at Ee Jang

Oolgool Chireugi – High Punch

New Terminology at Sam Jang

Stances	Strikes	Blocks	Kicks
Dwi Kubi Seogi – Back Stance	Jibon Chireugi – Double Punch	Han Sonnal Makki – Single Knifehand Block	
	Sonnal Mok Chigi – Inward Knifehand Strike		

New Terminology at Sah Jang

Stances	Strikes	Blocks	Kicks
	Pyonsonkeut Chireugi – Spearhand Strike	Sonnal Makki – Double Knifehand Block	Yeop Chagi – Side Kick
	Jebi Pom Mok Chigi – Swallow Strike	Momtung Bakkat Palmok Makki – Single Forearm Block	
	Deung Joomok - Backfist		

New Terminology at Oh Jang

Stances	Strikes	Blocks	Kicks
Wen Seogi – Left Stance	Mejoomok – Hammerfist		
Oreun Seogi – Right Stance	Yeop Chigi – Side Punch		
Bitureo Seogi – Twist Stance	Palkoop Dollyo Chigi – Turning Elbow Strike		
	Palkoop Pyojeok Chigi – Target Elbow Strike		

New Terminology at Yuk Jang

Stances	Strikes	Blocks	Kicks
		Bitureo Makki – Twist Block	Dollyo Chagi – Roundhouse Kick
		Oolgool Bakkat Palmok Makki – High Single Forearm Block	
		Batangson Momtung Makki – Push Palm Body Block	

New Terminology at Chil Jang

Stances	Strikes	Blocks	Kicks
Beom Seogi – Tiger Stance		Batangson Momtong An Makki – Reverse Push Palm Block	
Juchum Seogi – Horse Stance		Sonnal Arae Makki – Double Low Knifehand Block	
		Batangson Momtong Kodureo An Makki – Reverse Assisted Push Palm Block	
		Gawi Makki – Scissor Block	
		Momtong Hecho Makki – Wedge Block	

New Terminology at Pal Jang

Stances	Strikes	Blocks	Kicks

New Terminology at Koryo

Stances	Strikes	Blocks	Kicks